

Disclaimer

Kiersten Zimmermann is not a doctor or registered dietitian. The contents of this document should not be taken as medical advice. It is not intended to diagnose, treat, care, or prevent any health problem - nor is it intended to replace the advice of a physician. Always consult your physician or qualified health professional on any matters regarding your health. By participating in this program, you are agreeing to accept full responsibility for your actions. All documents included or exchanged between Kzeefitness and the Client are that of Kiersten Zimmermann's and not to be copied, sold, or redistributed without consent of KZEEFITNESS.

Kiersten Zimmermann does not promise you will see a drastic change, since it is online coaching you need to put in just as much effort as the coach does. Follow your program, fill out the sheets and do the check in's. Everyones body is different and no two people will receive the same results.

Terms and conditions (initial payment)

When the first payment is made you realize that there is no refunds allowed, you are expected to follow through with each monthly payment. If a program is canceled within the first 2 weeks of purchase there is no refund on the initial payment made but you can get a customized macro based meal plan upon request.

Otherwise, it is deemed to be 'even and fair' by both parties.

Kiersten Zimmermann is looking for serious and motivated individuals to join her team.

By making this financial commitment you are being held accountable, I want you to be ready to transform your life!